

Towards Coherence Workshops



new thinking, guiding old thoughts...

the threefold path

Towards Coherence is a program of guidance suited to businesses, organisations and communities that are wanting to embrace a **new paradigm of transformational change**.

This starts by developing the ability to recognise the incoherence: for businesses this may be staff turnover, poor customer experiences, underperformance or continued breakdowns in processes, for others it may be inconsistent outcomes with behavior and results, or ongoing challenges with the culture of an organisation or team.

This is not a program of passive structural or organisational change; instead it involves active participation of each individual in order to create this shift.

It is only once incoherence is recognised, does it becomes possible through further work to bring some level of harmony to thinking, feeling, words and actions, opening the possibility of creating more **coherent** outcomes.

These workshops can be tailored from one hour through to a full day exploring the following topics:

observing incoherence	thinking about thinking	turning towards reality
power of the word	role of morality	the path towards coherence

Depending upon needs this workshop can contain any or all of these topics to varying depths, alongside additional services available should one wish to receive guidance in a business or organisational planning process around the path towards coherence.

After observing and experiencing many unsuccessful programs of organisational change and individual development, throughout my career, I began to ask much deeper questions. Why were the outcomes not meaningful or lasting? As more people begin to question current business models and their outcomes, they are also noticing the lack of clarity, cohesion and fulfillment of these ways of working. They are seeking answers, but at times are unsure what questions to ask. It is through exploring more deeply these questions that the Towards Coherence Workshop can assist individuals and businesses to develop more coherent business outcomes bringing harmony to their inner thoughts and feelings, alongside their outer words and actions to create meaningful and lasting change.

Over 20 years of lessons learned working as an educator and also within large corporate businesses, are combined alongside additional insights from many years of additional studies, contemplation, meditation and inner work to create a program of self schooling that is truly unique.



how to connect
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“to be free is to be capable of thinking one’s own thoughts – not the thoughts merely of the body, or of society”

Rudolf Steiner